

■ 30-Day Pet Training Plan

Designed by a professional pet trainer using positive reinforcement methods

Created by: ZimuShop.com

Daily Training Guidelines

- Session Length: 10–20 minutes
- Frequency: 1–2 times per day
- Tools Needed: Treats, clicker (optional), leash, toys
- Training Motto: Keep it short, consistent, and fun!

Week 1: Foundation & Bonding

Day	Focus	Key Tips
1	Name recognition & eye contact	Reward eye contact when pet responds to name.
2	Sit command	Lure with treat above head, reward sit.
3	Down command	Lure treat to floor from sit.
4	Come command	Practice indoors, reward immediately.
5	Loose leash walking	Stop when leash tightens, reward loose walking.
6	Review	Practice commands in random order.
7	Assessment & rest	Evaluate progress and bond with pet.

Week 2: Basic Obedience

Day	Focus	Key Tips
8	Stay	Start short, increase duration gradually.
9	Heel walking	Reward walking calmly beside you.
10	Leave it	Reward when pet ignores item.
11	Drop it	Trade toy for treat.
12	Polite greeting	Reward calm behavior, ignore jumping.
13	Review	Practice in different locations.
14	Assessment	Test with mild distractions.

Week 3: Behavior Control

Day	Focus	Key Tips
15	Barking control	Reward silence after barking.

16	Chewing control	Redirect to approved toys.
17	Potty training	Reward immediately after success.
18	Socialization (people)	Reward calm interactions.
19	Socialization (pets)	Controlled, positive meetups.
20	Review	Mix obedience and behavior skills.
21	Rest & evaluation	Observe progress and adjust.

Week 4: Advanced & Real-Life Skills

Day	Focus	Key Tips
22	Recall with distractions	Practice with mild distractions.
23	Long stay	Increase distance and duration slowly.
24	Outdoor obedience	Practice in parks or sidewalks.
25	Trick training	Reward small steps.
26	Calm in public	Reward relaxed behavior.
27	Full command review	Practice all commands.
28	Confidence building	Introduce new surfaces and environments.

Final Days: Graduation

Day	Focus	Notes
29	Mock real-life test	Practice commands in public.
30	Final assessment	Celebrate success with treats and play!

■ Trainer's Log & Progress Tracker

Progress Scale: 1 = Needs Work | 3 = Improving | 5 = Mastered

Day	Focus	Observations	Progress (1–5)	Notes
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